

**Wednesday 16<sup>th</sup>** arrivals Carcassonne train station or airport (before 18.00)  
Transfer to Auberge Ecluse au Soleil at Sougraine. Dinner 19.30  
21.00 first meeting - introductions.

*Most mornings will start with breakfast at 08.00,  
a get together for an introduction to the days places and themes at 09.00  
And leaving by coach before 10.00. Picnic lunches can be ordered or there will be options on the  
road.....  
Dinners at Sougraine are at 19.30 – aperitifs on the terrace before ....*

**Thursday 17** – visit to the one of the evocative Cathar Castle ruins at Lastours  
on to the bastide village of Minerve with its monument of the dove and ancient church altar.  
Before dinner meeting – “The many strands in the network of heresies” - Kris

**Friday 18** – the high Chateaux – Peyrepertuse, Queribus, and Puylaurens.  
Heady climbs to these mountaintop ruins, but always a choice of cafés and quiet spots to read and  
converse (and perhaps to swim) for those not feeling so intrepid.

**Saturday 19** – to Beziers for lunch,  
the church of the Magdalene in remembrance of the cruel start of the crusade against heresy. On to  
the Hérault and the Quaker centre at Congenies (near Nimes),  
Talk from Françoise Tomlin on the history of the ‘Couflaires’ or ‘Inspirés’  
the protestant dissidents from the ‘embers’ of Catharism.  
Here we stay the night at the Quaker Centre and nearby guest houses.

**Sunday 20** – in Congenies we join the Quaker meeting for Worship at 11.00 & shared lunch, return to  
the Aude and Ecluse au Soleil in the afternoon,  
Evening presentation from Colum Hayward, publisher of the excellent anthology ‘The Cathar View’  
and the recent ‘Cathars, White Eagle and St John’.

**Monday 21** - to Ussat les Bains in the Ariège - visit to the ‘Cathar Caves’ “Les Eglises” with Christian  
Koenig, Cathar scholar and embodiment of the Cathar revival (also evocative musician on the pan pipes and  
zither). Lunch at the Gadad study centre and optional visit to the ‘Bethlehem cave of Initiation’.  
Evening get together before dinner at Sougraine with ceremonial dance !

**Tuesday 22** - to the Ariège again to the Chateau of Puivert  
Then on to Montsegur, to end at the most symbolic of the Cathar Castles, where we can still feel the  
clarity of the Cathar vision that led them to ‘walk through the fire into the light’.  
Late afternoon meeting, and after dinner farewell circle.

**Wednesday 23** - coach to Carcassonne, train station for departures after 10.00,  
or airport for departures after 12.00

The cost includes all accommodation and transports (from and to Carcassonne), breakfasts and evening  
meals (but not lunches), all talks, and most admissions to sites.

(Lunches being arranged at group rate in Congenies and Ussat).

Your questions welcome !

*The Schedule is planned and booked, but, we reserve the right to add something exciting or make necessary  
changes.*